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What is claimed is:

- A health care system comprising:
 - a user terminal;
 - a network:
- 5 a health care center terminal connected via the network to the user terminal and able to be accessed from the user terminal; and

an analytic server for analyzing health information supplied from the user terminal, the analytic server being connected to the health care center terminal:

the health care center terminal having a diagnostic form display function for displaying on the user terminal a diagnostic form, in which a user can enter predetermined health information;

the health care center terminal also having a health information reception function for receiving the health information entered in the diagnostic form;

the health care center terminal further having a health information transmission function for transmitting the received health information to the analytic server;

20 the analytic server having a health information database associated with the entered health information;

the analytic server also having a health analysis function for receiving the health information transmitted from the user terminal, and analyzing the user's health on the basis of the received health information and the health information database:

the analytic server further having an analyzed information transmission function for transmitting via the health care center terminal to the user terminal the information analyzed by the

health analysis function.

information database.

- 2. The health care system according to Claim 1, wherein the analytic server further has a user information accumulation function for registering and accumulation the received health information for each user in the analytic server, the analytic server being adapted to analyze the user's health with the health analysis function on the basis of the health information accumulated for each user in the analytic server and the health
- 3. The health care system according to Claim 1, wherein the analytic server further has a database update function for updating the health information database for each users' on the basis of the received health information.
- 4. The health care system according to Claim 1, wherein the analyzed information includes a health judgment as to whether the health information entered by the user is a proper value or not.
- 5. The health care system according to Claim 1, wherein the analyzed information includes health guidance corresponding to the health information entered by the user.
- 6. The health care system according to Claim 1, wherein the health information entered by the user includes diet information on the user.
- 7. The health care system according to Claim 5, wherein the health information entered by the user includes diet information on the user, the health guidance including a diet menu based on the diet information.
- 8. The health care system according to Claim 1, wherein the

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health information entered by the user includes exercise information on the user.

- 9. The health care system according to Claim 5, wherein the health information entered by the user includes exercise information on the user, the health guidance including an exercise menu based on the exercise information.
- 10. The health care system according to Claim 1, wherein the health information entered by the user includes smoking information on the user.
- 11. The health care system according to Claim 1, wherein the health information entered by the user includes drinking information on the user.
 - 12. The health care system according to Claim 1, wherein the analyzed information includes information about the danger of a life style (related) disease of the user based on the health information entered by the user.
- 13. A health care process comprising the steps of:

displaying on a user terminal connected via a network to a health care center terminal a diagnostic form, in which a user can enter health information:

5 receiving in the health care center terminal the health information entered in the diagnostic form;

transmitting the received health information to an analytic server connected to the health care center terminal, the analytic server having a health information database associated with the entered health information:

receiving the transmitted health information in the analytic server:

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analyzing the user's health in the analytic server on the basis of the health information data base and the health $\frac{1}{2} \int_{-\infty}^{\infty} \frac{1}{2} \int$

15 information received in the analytic server; and

transmitting via the health care center terminal to the user terminal the information analyzed by the analytic server in the analyzing step.

14. A storage medium in which a health care program is stored for executing a process comprising the steps of:

displaying on a user terminal connected via a network to a health care center terminal a diagnostic form, in which a user can enter health information;

receiving in the health care center terminal the health information entered in the diagnostic form;

transmitting the received health information to an analytic server connected to the health care center terminal, the analytic server having a health information database associated with the entered health information:

receiving the transmitted health information in the analytic server:

analyzing the user's health in the analytic server on the
15 basis of the health information data base and the health
information received in the analytic server: and

transmitting via the health care center terminal to the user terminal the information analyzed by the analytic server in the analyzing step.